

Best Practices for Victims of Intimate Partner Violence

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**Sexual
Violence**

**Intimate
Partner
Violence**

Harassment

**Psychologic
Abuse**

Stalking

**Domestic
Violence**

**Emotional
Abuse**

**Elder
Abuse**

**Forced
Marriage**

**Financial
Control**

Femicide

1.

**UNDERSTAND THE
DATA AND
STATISTICS**

A woman in a white lace dress is shown from the waist up, holding a man in a dark suit. The background is a bright, out-of-focus outdoor setting, possibly a sunset or sunrise, with a strong lens flare effect. The text '1 in 4 women' is overlaid on the left side of the image.

**1 in 4
women**

41%

1 in 9 men

26%





**16 to 25-year-old
women**





26%

44%



54%

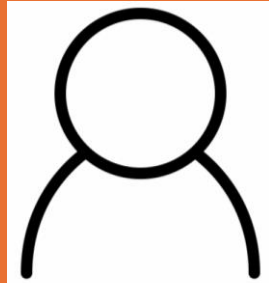


2.

**KNOW THE RISK
FACTORS**

Risk Factors

- Low income and education
- Power and control/violent
- Economic stress
- Hx of childhood abuse/
- Heavy drug and alcohol use
- Strict gender norms
- Mental illness



- Jealousy, Possessiveness, Divorce
- Dominance and Control
- Economic stress
- Belief in strict gender roles
- Childhood physical or emotional abuse



- Traditional gender norms
- Gender inequality
- Aggressive cultural norms
- Societal income inequity
- Weak health, educational, economic, and social policies or laws



- High poverty
- Limited education and economic opportunities
- High Unemployment
- High violence and crime rates
- Weak sanctions against IPV



3.

**UNDERSTAND
LETHALITY AND
GREATEST RISKS**



WOMEN: 50%

MEN: 10%

45%



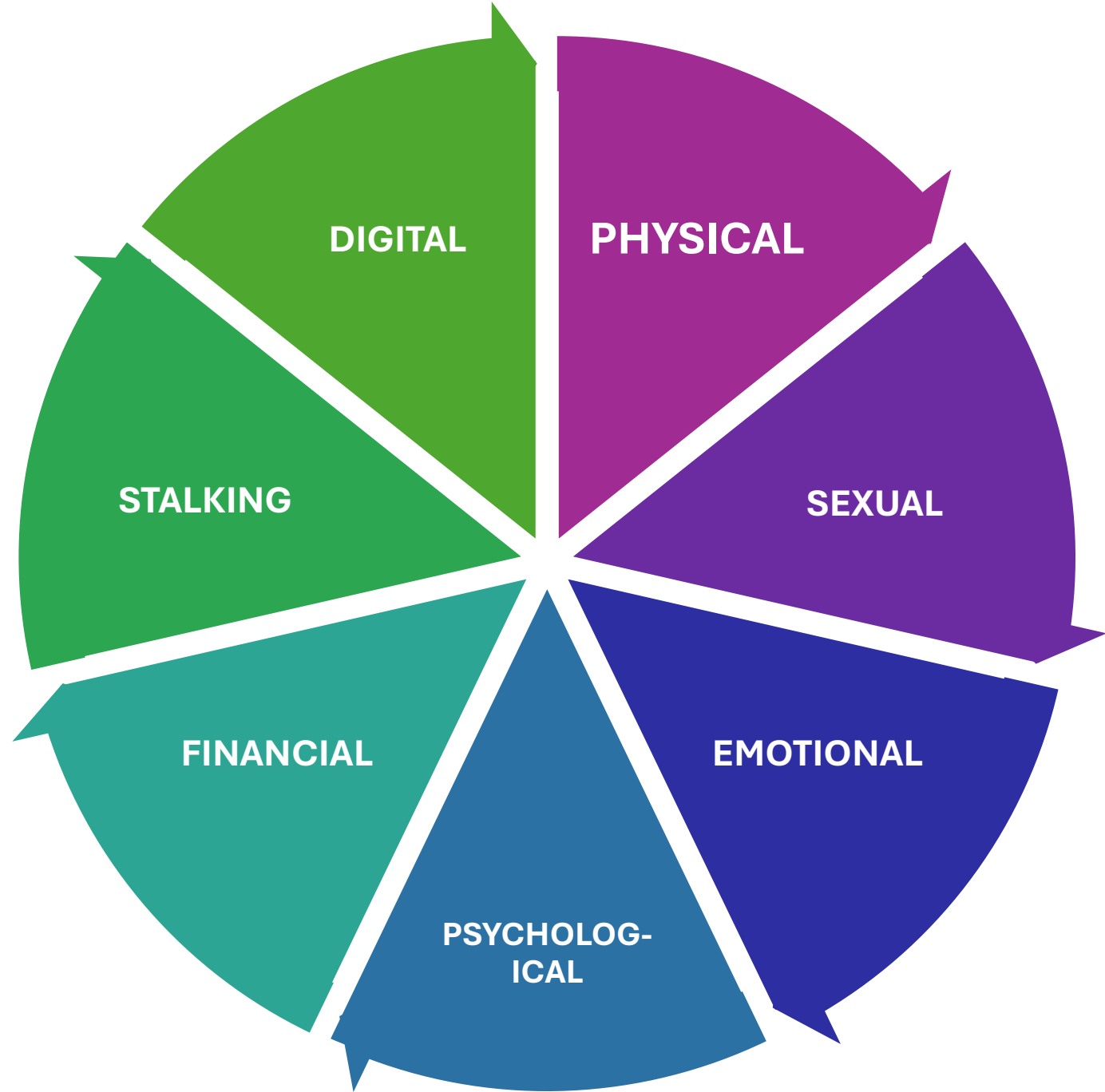




500%

4.

**RECOGNIZE CO-
VIOLENCE EXISTS**





5.

**RECOGNIZE THE
IMPORTANCE OF
STRANGULATION**

750 %





Used for Power and Control

May have little physical exam findings (50%)

Unique symptoms include unconsciousness, incontinence, stroke, and carotid dissection

Long-term sequelae possible

CTA neck should be obtained in patients with significant symptoms

6.
INJURY
RECOGNITION

Head-to-Toe Inspection

Properly name injuries



A close-up photograph of a person's face, focusing on the right side. The person is wearing a purple cast or bandage over their eye and cheek area. They are also wearing a blonde wig. The background is slightly blurred, showing some colorful fabric. An orange rectangular box is overlaid on the right side of the image, containing the text "PATTERN INJURY" in bold black letters.

**PATTERN
INJURY**

7.

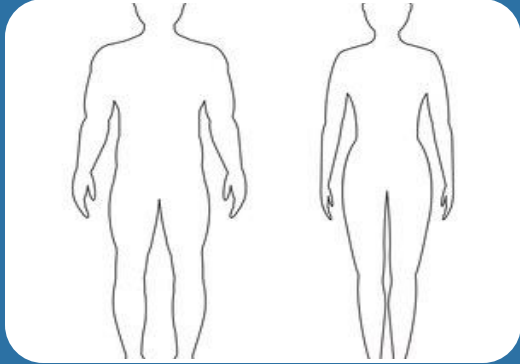
INJURY

DOCUMENTATION

Description
x3 cm circular, right mi
5 cm R-upper ou

WORDS

- Precise information
- Type, Size, Shape, Exact Location



BODY DIAGRAMS

- Help visualize the location
- Supports the written documentation



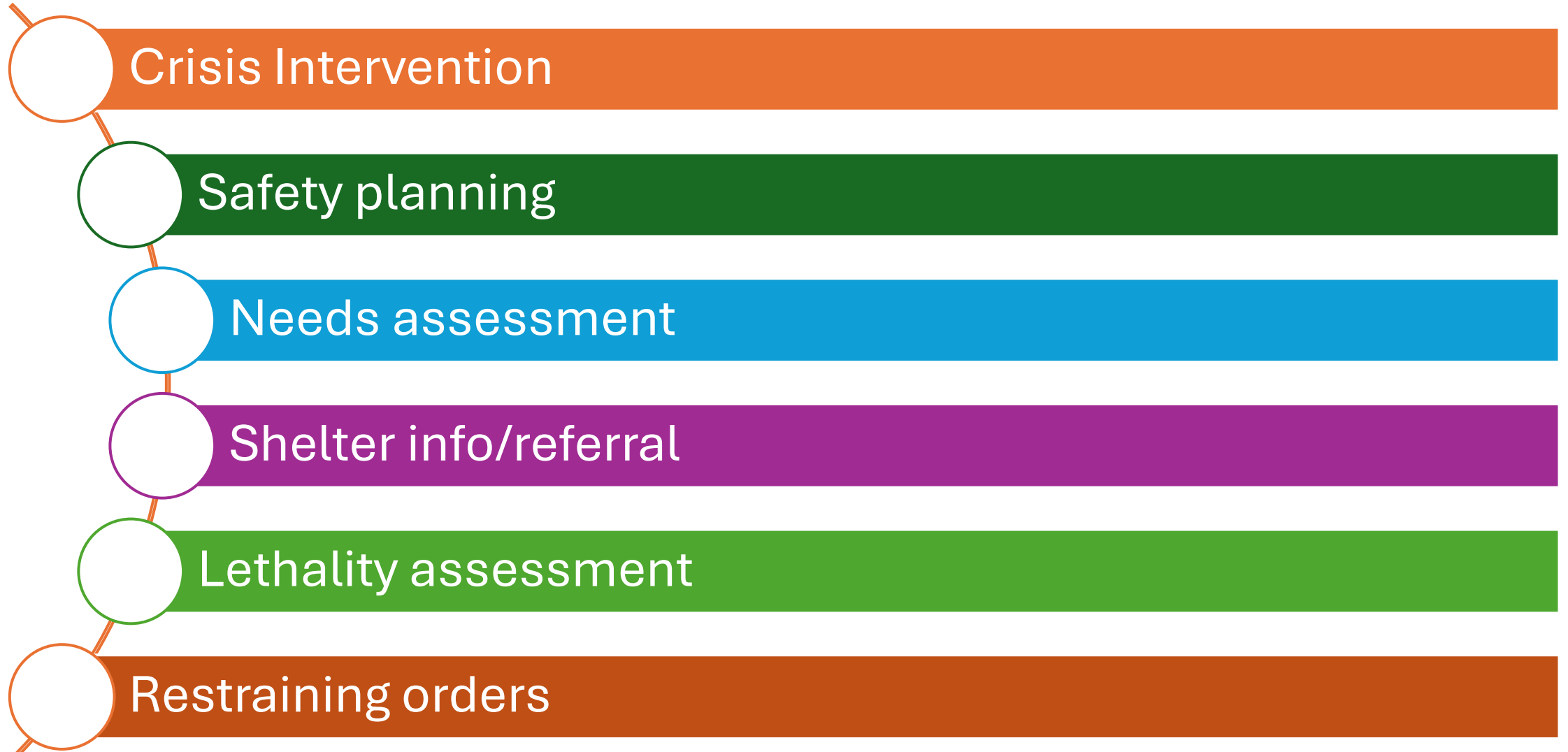
PICTURES: Any is better than None!

- Good lighting and perpendicular to the injury
- Use a measure/scale if possible

8.

**IMPORTANCE OF
SAFETY PLANNING**

Advocacy/Safety: Goal of ED care





- **Know and understand statistics, risk factors, and lethality related to IPV**

- **Recognize that violence types can co-exist**

- **Recognize, screen for, and properly treat strangulation**

Properly identify injuries, especially pattern injuries

- **Accurately and thoroughly document injuries**

- **Remember the importance of safety planning**