### **Clinical Services**

### **General Family Medicine**

Office visits to manage acute and chronic diseases for all ages

### **Women's Health Services**

- Prenatal care
- Well-women visits, including pap smears
- Evaluation of abnormal pap smears
- Evaluation of gynecological problems

### **Pediatric Care**

- School Physicals
- Well Baby and Child Exams
- Acute/sick visits

### **Procedures Clinics**

- Flexible Sigmoidoscopy
- Vasectomy
- Colposcopy
- Excision Clinic
- Joint Injections

### **Behavioral Health**

Counseling for depression, anxiety and relationship problems

### **Bone & Joint Clinic**

- Sports medicine evaluations
- Management of fractures and other injuries
- Joint Injections

### **Medication Management**

- Pharmacotherapy Clinic
- Psychotropic Medicine Clinic

## **Current Primary Care Physicians**

- Dr. Fozia Ali
- Dr. Nida Emko
- Dr. Ross Lawler
- Dr. Mark Nadeau
- Dr. Ramin Poursani
- Dr. Saima Siddiqui
- Dr. Cristian Fernandez-Falcon
- Dr. Marcy Wiemers
- Dr. Nehman Andry
- Dr. Maria Montanez Villa Campa
- Dr. Tatiana Cordova
- Dr. Tharani Ravi
- Dr. Robert Ferrer
- Dr. Barbara Turner

### **Important Phone Numbers**

Appointments: 358-3985

After Hours/NurseLink: 358-3000

Counseling Clinic: 358-5860

Prescription Refills: 358-3793

UHS downtown Pharmacy: 358-3476

MAP office: 358-3469

CareLink Member Services: 358-3224





Family Health
Center

### Address:

University Health System | Robert B. Green Campus 903 W. Martin St., 4<sup>th</sup> Floor San Antonio, TX 78207

Monday-Friday 8 a.m. – 4p.m



### **FAQs**



# Welcome! Did you know?

- The Family Health Center is affiliated with the University of Texas Health Science Center at San Antonio (UTHSCSA). Our six family health care teams consist of a faculty physician team leader and six family medicine resident doctors. When you choose a Primary Care Physician (PCP), you are actually getting an entire team of providers to ensure that your care will be timely and continuous.
- Our staff of family medicine specialists
   offers complete services from prenatal
   care through childhood and into the
   senior years. We are committed to taking
   excellent care of our patients.
- Our "family" includes doctors, physician assistants, nurse practitioners, licensed vocational nurses, medical assistants, patient service representatives, and pharmacy consultants.

- 1. Who do I call to schedule an appointment? If you need to schedule an appointment with your Primary Care Provider (PCP) or if you need to obtain an appointment for a same day visit for an acute concern, please call our clinic at: 210.358.3985.
- Who do I contact to receive my Medication refills? You would need to schedule an appointment with your PCP at 210.358.3985 or call our refill line at 210.358. 3793 and allow for 72 hours for refill requests to be processed.
- 3. Who do I talk to about a concern, compliment, or suggest? You can contact the Department of Patient Relations 210-358-0600 or patient.relations@uhssa.com
- 4. Why do I receive my medication list after each visit? For your safety, we want to ensure that all your medications are current.
- 5. What is a Nurse Practitioner (NP)? (NP) are advanced practice registered nurses (APRN) who are educated and trained to provide health promotion and maintenance through the diagnosis and treatment of acute illness and chronic condition.
- What is a Physician Assistant (PA)? (PA)
   is a mid-level medical practitioner who
   works under the supervision of a licensed
   doctor (an MD) or osteopathic physician
   (a DO).

- 7. What is a Primary Care Physician (PCP)?
  A primary care physician, or PCP, is
  considered your main doctor and will be
  responsible for dealing with the vast
  majority of your health care issues.
- 8. How do I change my PCP to a UHS provider to ensure insurance coverage?

  You would need to call your insurance and request a PCP change. The back of the brochure has a list of current UHS providers for Family Health Center.

## FollowMyHealth Universal Health Record MyUHS.com

"FollowMyHealth is a patient portal that allows you to have access to your health information at the convenience and privacy of your home."

### All you need to create an account:

- Access to an email (alternative log in options: i.e. Google, Facebook, Yahoo, etc.)
- Go to Myuhs.followmyhealth.com
- Click "I need to Sign Up"
- Enter required personal information
- Agree to Terms of Agreement
- Request Connection to University Health System
- Sign Release of Information Authorization
- It may take up 3-4 business days before you have been notified by medical records if you have been matched