Shweta Bansal, M.D. obtained her medical degree from SMS Medical College, Jaipur and Residency in Internal Medicine from New Delhi, India. Dr. Bansal moved to the United States in 2001, where she went on to complete Internal Medicine Residency and Nephrology Fellowship from the University of Colorado, Denver in 2009. There she obtained the certificate in Public Health Sciences. Dr. Bansal joined the Division of Nephrology at UT Health San Antonio in 2010 and currently is Associate Professor of Medicine. Dr. Bansal adores the pathophysiological role kidneys play in health and diseases, and is passionate about teaching this role to the medical students, residents, fellows and colleagues. She has been highly recognized for her outstanding teaching abilities and won several teaching awards. Dr. Bansal was named the Program Director of the Nephrology Fellowship Program at UT Health San Antonio in early 2018. Along with the new leadership of the Division of Nephrology (Dr. Kumar Sharma), Dr. Bansal is committed to provide comprehensive training experience in a collegial environment to develop leaders in the patient care and academic settings.

Dr. Bansal’s research interest focuses on the volume/sodium control in the management of hypertension, kidney and cardiorenal patients. She has been working on the inflammatory pathways in chronic kidney disease. She has received extra-mural and institutional grants to support her translational and clinical research projects. She is funded for two new important Precision Medicine initiatives with NIH and consortial funding, and by several clinical industry grants. Dr. Bansal is working on Health Service Research understanding why clinical research findings are not adopted into clinical practice specifically the hypertension management guidelines regarding diuretics in CKD and understanding the barriers to implementation. She has over 30 peer reviewed publications and chapters. Dr. Bansal is an active supporter of the Institutional endeavors and has been chairing one of the Institutional Review Boards since 2015. She is an Associate Editor for Journal Clinical Nephrology. Since 2015, Dr. Bansal is the co-founder and co-chair of the highly successful Annual Cardiorenal Connections CME meeting, attended by 250 participants in 2017. This meeting is the perfect venue for providers from different disciplines to come together and discuss the challenges they face on routine basis which are not addressed in specialty specific conferences.

Dr. Bansal’s clinical interest align with her research interest and involve management of resistant hypertension, cardiorenal syndromes, and diabetic nephropathy. Dr. Bansal established the peritoneal/home dialysis program at the partnered University Hospital System and fervently promotes this underutilized modality to the patients and fellows. She has served as Medical Director of UHS outpatient renal clinics where she worked on improving patient care by reducing wait times, developing and implementing multiple policies, and streamlining the renal replacement therapy education and dialysis access placement. For patient care, Dr. Bansal strongly believes that empowerment of patients by health education is the most important step to achieve the best outcomes.