

# Medical Student Duty Hours Policy

## Duty Hours Policy for MS 3 and MS 4 Students

1. Students will have a limit of 80 duty hours per week, with in-hospital hours during call from home counted.
2. In recognition that many rotations end on a Friday and there is a weekend off between rotations, the following are minimum days off on rotations, with the distribution of the scheduled days off at the discretion of the clerkship director:
  - 1 day off on a 2 week rotation
  - 2 days off on a 3 week rotation
  - 3 days off on a 4 week rotation
  - 5 days off on a 6 week rotation
  - 11 days off on a 12 week rotation
  - a day off is one full (24-hour) day
  - a day absent counts as a day off
3. Call will be scheduled no more than every third night.
4. There is a limit of 30 -hours on continuous duty.
5. There must be a 10-hour minimum rest between duty periods (this does not apply to night or weekend call).
6. Students will be educated about fatigue and fatigue management.
7. Students may report duty hour violations to the 24/7/365 hour hotline: 1-800-500-0333. (You will not be required to identify yourself; all calls are treated confidentially.)
8. Clerkship directors and departmental fourth year rotation directors are responsible for the enforcement of this policy.

This policy was adopted by the Curriculum Committee August 2007.