



UT Health San Antonio
Psychiatry Residency Program
Elective Course Catalog

Last Updated: May 23, 2020

Introduction

Electives should enrich the educational experience of residents in conformity to their needs, interest, and/or future professional plans. Electives must have written goals and objectives, and must be well constructed, purposeful, and lead to effective learning experiences.

This elective course catalog provides descriptions of established elective rotations but is not comprehensive as residents are encouraged to develop their own elective experiences. Residents are responsible for their elective time and must *complete an elective description form* (see Resident Handbook) and submit it to the Program Director for approval *at least two weeks prior* to beginning the elective. Residents are strongly encouraged to **plan and coordinate their elective experiences several months in advance** of their anticipated start date due to constraints with credentialing, staff schedules, etc. The choice of electives must be made with the advice and approval of the Program Director and the appropriate career advisor. All such electives must demonstrate compliance with the requirements in general psychiatry and be submitted to the Program Director prior to implementation for review and approval. Residents failing to submit an elective plan prior to their assigned elective time will be assigned to a core rotation or another established elective per the discretion of the Program Director.

Residents have 8 months of electives distributed over the curriculum, as follows:

PGY2 ELECTIVE TIME

BLOCK ELECTIVE 2 months (specific months vary)

LONGITUDINAL ELECTIVE 1 day during 3 month block (Q3/Q4/Q1/Q2)

JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
	█			█		█	█				

PGY3 ELECTIVE TIME

LONGITUDINAL ELECTIVE 1/2 day throughout academic year

JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
█	█	█	█	█	█	█	█	█	█	█	█

PGY4 ELECTIVE TIME

BLOCK ELECTIVE 5 months (specific months vary)

JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
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VA Addiction Psychiatry

Funding Institution: VA
Location: Villa Serena
PGY Level: PGY2 or higher
Recommended Schedule: Block, Longitudinal

DESCRIPTION

Residents will have exposure to assessing patients for inpatient vs outpatient treatment programs. Additionally they will perform intake assessments for the inpatient rehabilitation services and follow up regularly with the residential patients to offer pharmacologic management of their substance use disorders and various other MH diagnoses. Residents will provide treatment to patients under the supervision of an attending physician.

CURRICULUM STRUCTURE

Clinical Care: 4 days/wk

SUPERVISOR

 Dr. Danny Diaz
 daniel.diaz2@va.gov
 210-541-0335 x64122

VA Board Exam Study

Funding Institution: VA
Location: Self-Study
PGY Level: PGY4
Recommended Schedule: Block, Longitudinal




DESCRIPTION

Residents will spend the month working on a self-designed study curriculum to improve their medical knowledge and ultimately prepare to take and pass their ABPN psychiatry specialty exam.

CURRICULUM STRUCTURE

Self-Study: 4 days/wk

SUPERVISOR

 Dr. Jennifer McKinley
 jennifer.mckinley2@va.gov
 210-617-5300 ext 17652

VA Consultation/Liaison Psychiatry

Funding Institution: VA
Location: Audie L. Murphy VA
PGY Level: PGY2 or higher
Recommended Schedule: Block, Longitudinal

DESCRIPTION




Residents will work with VA interdisciplinary staff (Psychiatry and DNP) and other residents (PGY2 and PGY4) to get exposure to Consultation and Liaison Psychiatry in the VA system. They will gain knowledge in treating various MH conditions found in

patients admitted to medical/surgical services. They will improve their physical exam skills as related to psych/neuro disorders and improve their ability to critically assess medical literature and their understanding of evidence based psychiatry.

CURRICULUM STRUCTURE

Clinical Care: 4 days/wk

SUPERVISOR

 Dr. Thomas Brown
 thomas.brown5@va.gov
 210-632-3269

VA Electroconvulsive Therapy (ECT)

Funding Institution: VA
Location: Audie L. Murphy VA
PGY Level: PGY2 or higher
Recommended Schedule: Block




DESCRIPTION

Residents will have exposure to treating patients with electroconvulsive therapy (ECT). The resident physicians will become knowledgeable in indications, consenting patients with consideration for risks/benefits, administering treatment, and managing patient post-treatment. Residents will provide treatment to patients under the supervision of an attending physician.

CURRICULUM STRUCTURE

Clinical Care: 2 days/wk
Self-Study: 2 days/wk

SUPERVISOR

 Dr. Thomas Brown
 thomas.brown5@va.gov
 210-632-3269

VA Emergency Psychiatry Triage

Funding Institution: VA
Location: Audie L. Murphy VA
PGY Level: PGY2 or higher
Recommended Schedule: Block, Longitudinal

DESCRIPTION




Residents will work with Dr. Gherman and the VA Psych ER Triage team to evaluate patients in both ER and same-day access clinic for best treatment setting (IE inpatient vs outpatient), medication management (basic refills through emergency meds for agitation), and any appropriate referrals (IE SATP, social work, etc.).

CURRICULUM STRUCTURE

Clinical Care: 4 days/wk



SUPERVISOR

 Dr. Elena Gherman
 elena.gherman@va.gov
 210-827-8674

VA Medicine Informatics

Funding Institution: VA
Location: Audie L. Murphy VA
PGY Level: PGY2 or higher
Recommended Schedule: Block, Longitudinal




DESCRIPTION

Residents will learn the principles of database design for collecting, aggregating, and storing data for analysis, and will create a project of their choosing to develop and apply their skillset. Sample projects may include, but are not limited to: handoff tools, personal/professional research systems, and form generators. The course will also review methods of querying targeted data from these systems.

CURRICULUM STRUCTURE

Self-Study: 4 days/wk

SUPERVISOR

 Dr. Jennifer McKinley
 jennifer.mckinley2@va.gov
 210-617-5300 ext 17652

VA Polytrauma Center

Funding Institution: VA
Location: Audie L. Murphy VA
PGY Level: PGY3
Recommended Schedule: Longitudinal




DESCRIPTION

Residents will have exposure to working in the VA Polytrauma center to care for veterans with histories of major traumatic injuries. They will gain knowledge of treating various MH conditions in an outpatient setting, while also learning to work within the VA and polytrauma systems of care.

CURRICULUM STRUCTURE

Discuss with Staff

SUPERVISOR

 Dr. Rais Baig
 muhammad.baig@va.gov
 210-617-5300 ext 17021

VA PRITE Exam Study

Funding Institution: VA
Location: Self-Study

PGY Level: PGY2 or PGY3

Recommended Schedule: Block, Longitudinal




DESCRIPTION

Residents will spend the month working on a self-designed study curriculum to improve their medical knowledge and ultimately improve their PRITE scores.

CURRICULUM STRUCTURE

Self-Study: 4 days/wk

SUPERVISOR

 Dr. Jennifer McKinley
 jennifer.mckinley2@va.gov
 210-617-5300 ext 17652

VA Research

Funding Institution: VA
Location: Audie L. Murphy VA
PGY Level: PGY2 or higher
Recommended Schedule: Block, Longitudinal




DESCRIPTION

Residents will work on an individual or group research project to be developed in coordination with staff supervisor. If interested in research, please speak with Dr. Schillerstrom to get personalized recommendations on appropriate staff supervisors.

CURRICULUM STRUCTURE

Self-Study: 4 days/wk

SUPERVISOR

 Variable, Staff of Choice. Check in with Dr. Badgaiyan to coordinate.
 rajendra.badgaiyan@va.gov
 ~

VA Sleep Medicine

Funding Institution: VA
Location: Audie L. Murphy VA
PGY Level: PGY2 or higher
Recommended Schedule: Block

DESCRIPTION


Residents will have exposure to sleep medicine clinic. They will gain knowledge of indications for polysomnography, diagnosis of common sleep disorders, and treatment in multiple modalities including CBTI and pharmacotherapy. Residents will be supervised by a staff psychiatrist. Be sure to reach out early to find out schedule and see how it will work for you. Dr. Avery is the head of sleep medicine and likely your best PoC to organize the rotation experience. Staff to work with include Drs. King, White, and Meraj.




CURRICULUM STRUCTURE

Discuss with Staff

SUPERVISOR

 Dr. Eleanor Avery
Dr. Alisha King
Dr. Angelica White

 Dr. Avery: eleanor.avery@va.gov
Dr. King: Alisha.King@va.gov
Dr. White: Angelica.White@va.gov

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VA Special Topics in Geriatric Psychiatry

Funding Institution: VA
Location: Various
PGY Level: PGY2 or higher
Recommended Schedule: Block, Longitudinal




DESCRIPTION

Residents will work with Dr. Cordes to develop a curriculum focusing on their areas of interest within the field of geriatric psychiatry. Primarily will be outpatient experience learning intricacies of pharmacologic management and behavioral strategies to manage psychiatric disorders in older adults.

CURRICULUM STRUCTURE

Discuss with Staff

SUPERVISOR

 Dr. Jeff Cordes
 jeffrey.cordes@va.gov
 210-699-2100

UT Addiction Psychiatry

Funding Institution: UT
Location: BeWell Clinic
PGY Level: PGY2 or higher
Recommended Schedule: Block




DESCRIPTION

Residents will have exposure to treating patients with various substance use disorders. They will gain knowledge in both pharmacologic and non-pharmacologic interventions.

CURRICULUM STRUCTURE

Discuss with Staff

SUPERVISOR

 Dr. Van King
 kingVL@uthscsa.edu
 ~

UT Adult Protective Services

Funding Institution: UT
Location: In-Home Visits
PGY Level: PGY2 or higher
Recommended Schedule: Block

DESCRIPTION

Residents will have exposure to forensic psychiatry both in the Bexar County Jail (Tuesday mornings with Dr. Skop) and civil forensics with Dr. Schillerstrom doing home visits for capacity evaluations with Adult Protective Services. Residents will become knowledgeable in forensic evaluations (primarily competency and capacity evaluations) and Texas mental health law.

CURRICULUM STRUCTURE

Clinical Care: 3 days/wk
Self-Study: 1 days/wk

SUPERVISOR

 Dr. Jason Schillerstrom
Dr. Brian Skop
 Dr. Schillerstrom: schillerstr@uthscsa.edu
Dr. Skopp: skopb@aol.com
 Dr. Schillerstrom: 210-450-6450

UT ALS Clinic with UTHSA Neurology

Funding Institution: UT
Location: UTHSA
PGY Level: PGY3
Recommended Schedule: Longitudinal




DESCRIPTION

This rotation is appropriate for PGY3s and is a longitudinal elective across the entire year. This rotation is best for highly motivated residents who have an interest in neuropsychiatry and psychosomatic medicine. As part of the multi-disciplinary ALS clinic, residents provide psychiatric consultation on ALS patients, including evaluation and treatment of depressive/anxiety disorders, frontotemporal dementia, and pseudobulbar affect, all of which are highly comorbid with ALS. Residents collaborate closely with the clinic neurologist (Dr. Jackson) and other members of the team. Each clinic day starts with a patient care coordination meeting (lunch provided!). The highlight of this rotation is working with Dr. Jackson, who is a very passionate clinician, educator, and researcher. Wednesdays 12:30pm to 5pm (may have flexibility, check with Dr. Jackson).

CURRICULUM STRUCTURE

Clinical Care: 1/2 day/wk

SUPERVISOR

 Dr. Carlayne Jackson
 jacksonce@uthscsa.edu
 ~



UT CAP: Consultation/Liaison

Funding Institution: UT
Location: UHS
PGY Level: PGY2 or higher
Recommended Schedule: Block, Longitudinal




DESCRIPTION

Residents will work directly with the UHS Child and Adolescent Psychiatry Consultation and Liaison Service to evaluate and provide treatment recommendations for a wide range of presentations. In addition to direct patient care there will be robust opportunities for discussion of current evidence based approaches for treatment of psychopathology in Child and Adolescent patients.

CURRICULUM STRUCTURE

Discuss with Staff

SUPERVISOR

 Dr. Adina Campbell
 campbella@uthscsa.edu
 ~

UT CAP: Inpatient

Funding Institution: UT
Location: Clarity
PGY Level: PGY2 or higher
Recommended Schedule: Block




DESCRIPTION

Residents will have exposure to treating children and adolescents on an inpatient psychiatric unit. They will gain knowledge in pharmacologic and behavior management strategies for various psychiatric conditions and improve understanding of how criteria for various DSM5 diagnoses vary in the CAP population. They will be supervised by an attending psychiatrist.

CURRICULUM STRUCTURE

Clinical Care: 4 days/wk

SUPERVISOR

 Dr. Thomas Matthews
 matthewst@uthscsa.edu
 ~

UT CAP: Juvenile Justice

Funding Institution: UT
Location: JDC/Krier
PGY Level: PGY2 or higher
Recommended Schedule: Block

DESCRIPTION

Residents will have exposure to working with children and adolescent patients who are involved in the juvenile justice system. They will gain knowledge in psychiatric diagnosis and management while also learning the systems issues affecting this population. They will be supervised by an attending psychiatrist. Contact Dr. Sandoval ahead of time to find out what sites have availability; then coordinate with her to plan which days you can be on site vs. which days to have for self-study. Can combine this opportunity with other CAP or just other experiences (ECT!?) to make a versatile schedule.

CURRICULUM STRUCTURE

Discuss with Staff

SUPERVISOR

 Dr. Jess Sandoval
Dr. Barbara Robles
 Dr. Sandoval: SandovalJF@uthscsa.edu
Dr. Robles: roblesramamu@uthscsa.edu
 Dr. Sandoval: 956-245-1565
Dr. Robles: 956-321-9321

UT CAP: Other Topics in CAP

Funding Institution: UT
Location: Various
PGY Level: PGY2 or higher
Recommended Schedule: Block, Longitudinal




DESCRIPTION

Interested in Child and Adolescent Psychiatry? Not sure how best to tailor your elective time? Have a specific idea in mind and want to discuss it with a staff supervisor? Dr. Bailey is the director of the CAP fellowship and can help you to refine your interests in CAP and guide you to developing an awesome elective experience.

CURRICULUM STRUCTURE

Discuss with Staff

SUPERVISOR

 Dr. Brigitte Bailey
 BaileyB@uthscsa.edu
 ~

UT CAP: Outpatient

Funding Institution: UT
Location: Clarity
PGY Level: PGY2 or higher
Recommended Schedule: Longitudinal

DESCRIPTION

Residents will have exposure to working with child and adolescent patients in an outpatient psychiatric clinic. They will gain knowledge in diagnosis and treatment of various MH and






developmental disorders in this population. They will be supervised by an attending psychiatrist. Consider adding an extra half day a Clarity, or branch out. Dr. Schillerstrom can get you in touch with Dr. Essery who has a Teen group on Monday evenings or the "first look" clinic for triaging cases. Plan ahead to see if scheduling will work for you!

CURRICULUM STRUCTURE

Clinical Care: 4 days/wk

SUPERVISOR

 Dr. Tracy Schillerstrom
 schillerstrt@uthscsa.edu
 ~

UT College Student Clinic

Funding Institution: UT
Location: UTSA
PGY Level: PGY2 or higher
Recommended Schedule: Block, Longitudinal

DESCRIPTION

Residents will have exposure to working with younger patients in the college MH clinic setting. The resident physicians will become knowledgeable in working with patients with a variety of MH diagnoses (MDD, GAD, social anxiety, bipolar disorder, etc.) as they navigate their college work/classes. Residents will provide treatment to patients under the supervision of an attending physician.

CURRICULUM STRUCTURE

Discuss with Staff

SUPERVISOR

 Dr. Tracy Schillerstrom
 schillerstrt@uthscsa.edu
 210-458-4140

UT Community Psychiatry

Funding Institution: UT
Location: CHCS
PGY Level: PGY3
Recommended Schedule: Longitudinal




DESCRIPTION

Residents will have exposure to treating patients in a community setting. They will gain knowledge of treating various MH conditions while also navigating community based resources in San Antonio, TX. Consider doing a rotation in February! During this month you can coordinate with Dr. Olvera to shadow physicians and other practitioners on various dates, while also incorporating experiences such as attending local NAMI meetings, and heading to Austin for Mental Health Advocacy with state law makers.

CURRICULUM STRUCTURE

Discuss with Staff

SUPERVISOR

 Dr. Rene Olvera
 olverar@uthscsa.edu
 ~

UT DBT Skills Group Co-Leader

Funding Institution: UT
Location: UTHSA
PGY Level: PGY3
Recommended Schedule: Longitudinal




DESCRIPTION

Residents will work with Dr. Velez to develop skills for co-leading a DBT skills group and will put those skills to use on Mondays from 3:30 to 5pm with the DBT group. Ideally would like a 6 month to 1 year commitment.

CURRICULUM STRUCTURE

Clinical Care: 1/2 day/wk

SUPERVISOR

 Dr. Carlos Velez
 velezc@uthscsa.edu
 ~

UT Eating Disorders

Funding Institution: UT
Location: Eating Recovery Center
PGY Level: PGY2 or higher
Recommended Schedule: Block, Longitudinal



DESCRIPTION

Residents will have exposure to working in an Eating Recovery Center with patients struggling with various eating disorders. Currently the elective is set up as 1/2 day per week of medication management on Tuesdays, however, there are likely other opportunities depending on residents interest - work with staff to discover what will be the best fit for you. Residents are supervised by Dr. Michael Lutter, and the Clinical Director is Mr. Landry Weatherston-Yarborough. Physical location: Eating Recovery Center of San Antonio. Address: 250 E Basse Rd #206, San Antonio, TX 78209


CURRICULUM STRUCTURE

Clinical Care: 1/2 day/wk

SUPERVISOR

 Dr. Michael Lutter
 michael.lutter@eatingrecovery.com
Landry.Yarborough@EatingRecovery.com



 210-503-4579

UT Electroconvulsive Therapy (ECT)

Funding Institution: UT
Location: Laurel Ridge
PGY Level: PGY2 or higher
Recommended Schedule: Block

DESCRIPTION

Residents will have exposure to treating patients with electroconvulsive therapy (ECT). The resident physicians will become knowledgeable in indications, consenting patients with consideration for risks/benefits, administering treatment, and managing patient post-treatment. Residents will provide treatment to patients under the supervision of an attending physician.

CURRICULUM STRUCTURE

Discuss with Staff

SUPERVISOR

 Dr. Benigno Fernandez
 benigno.fernandez@uhsinc. Com
 210-491-3512

UT Electroconvulsive Therapy (ECT)/Inpatient Private Practice

Funding Institution: UT
Location: Laurel Ridge
PGY Level: PGY2 or higher
Recommended Schedule: Block




DESCRIPTION

This is a fantastic 1-month rotation for PGY2s or PGY4s who are serious about learning ECT, and would enjoy chatting about what inpatient private practice looks like as a career. You will learn the appropriate indications for ECT and help evaluate potential ECT candidates. You will also have hands-on experience administering ECT, and will participate in 15-20 cases daily. Dr. Faber is a very engaged and supportive mentor. Schedule is M/W/F 7:00am to 3:30pm.

CURRICULUM STRUCTURE

Clinical Care: 3 days/wk
Self-Study: 1 days/wk

SUPERVISOR

 Dr. Raymond Faber
 rayfaber@gmail.com
 ~

UT Evidence Based Psychiatry

Funding Institution: UT
Location: UHS
PGY Level: PGY2 or higher
Recommended Schedule: Block, Longitudinal

DESCRIPTION

Residents will gain knowledge about critical reading and appraisal of the medical and psychiatric literature. They will learn about statistical methods of data analysis and study design in order to better understand articles and their relevance in order to best judge how to utilize that knowledge to influence clinical practice.

CURRICULUM STRUCTURE

Self-Study: 4 days/wk

SUPERVISOR

 Dr. Nikhil Dhawan
 dhawann@uthscsa.edu
 210-358-4000

UT Forensic Psychiatry

Funding Institution: UT
Location: San Antonio State Hospital
PGY Level: PGY2 or higher
Recommended Schedule: Block




DESCRIPTION

Residents will have exposure to forensic psychiatry on an inpatient setting. Residents will be a member of a multidisciplinary treatment and evaluation team and become knowledgeable in forensic evaluations, Texas mental health law, and competency.

CURRICULUM STRUCTURE

Clinical Care: 4 days/wk

SUPERVISOR

 Dr. Bettina Walker
 bettina.walker@hsc.state.tx.us
 210-531-7479

UT Outpatient Private Practice

Funding Institution: UT
Location: Various
PGY Level: PGY4
Recommended Schedule: Block

DESCRIPTION

Residents will gain knowledge about how to set up and run a private practice clinic, including common pit falls and how to avoid them. Typically will be self-study elective (read texts such as Money and Outpatient Psychiatry by CM Mikalac and Handouts





provided by Dr. Johnston or your preceptor), and will include 4x lunch meetings with supervisor (flexible schedule, supervisor dependent) to discuss real-world application for starting a practice. Additionally, Dr. Johnston is able to offer time for observing Ketamine treatments for interested residents, and Dr. Ted Williams offers experiences in rTMS.

CURRICULUM STRUCTURE

Self-Study: 4 days/wk

SUPERVISOR

 Dr. Nathan Johnston
Dr. Susan Wynne
Dr. Ted Williams
Dr. Melissa Deuter

 Dr. Johnston: dr.njohnston@me.com
Dr. Wynne: susanwynnemd@wynne20.com
Dr. Williams: twilliams@genesipsychiatric.com
Dr. Deuter: mdeuter115@yahoo.com

 Dr. Johnston: 210-994-6336
Dr. Williams: 210-529-8186
Dr. Deuter: 210-692-7800

UT Psychiatry ER

Funding Institution: UT
Location: UHS
PGY Level: PGY2 or higher
Recommended Schedule: Block




DESCRIPTION

Residents will have exposure to triaging and evaluating patients in the UHS ER. They will gain knowledge of medical decision making regarding safety evaluations, admission/disposition decisions, and diagnosis/treatment of MH conditions. They will be supervised by a staff psychiatrist, and will gain insight into the functioning of the large hospital system.

CURRICULUM STRUCTURE

Clinical Care: 4 days/wk

SUPERVISOR

 Dr. Christopher Wallace
 wallace@uthscsa.edu
 ~

UT Quality Improvement Project

Funding Institution: UT
Location: UHS
PGY Level: PGY2 or higher
Recommended Schedule: Block, Longitudinal

DESCRIPTION

Residents will work on an individual or group multidisciplinary QI/PS project to be developed in coordination with staff

supervisor. This may be a novel project or you may join a project that is ongoing. Some possible education opportunities to improve QI/PS skills include, but are not limited to: 1. at SAMMC/WHASC: Yellow Belt (3 days) / Green Belt (online, previously 40-hour course) LEAN training. 2. at UT: CSE Course (year long, includes project). 3. Online: IHI Open School Advanced QI/PS Curriculum.

CURRICULUM STRUCTURE

Self-Study: 4 days/wk

SUPERVISOR

 Dr. Kelin Ogburn
 ogburnk@uthscsa.edu
 210-358-4000

UT Research

Funding Institution: UT
Location: UTHSA
PGY Level: PGY2 or higher
Recommended Schedule: Block, Longitudinal




DESCRIPTION

Residents will work on an individual or group research project to be developed in coordination with staff supervisor. If interested in research, please speak with Dr. Schillerstrom to get personalized recommendations on appropriate staff supervisors.

CURRICULUM STRUCTURE

Self-Study: 4 days/wk

SUPERVISOR

 Dr. David Roberts
 robertsd5@uthscsa.edu
 ~

UT Telepsychiatry

Funding Institution: UT
Location: UTHSA
PGY Level: PGY2 or higher
Recommended Schedule: Block



DESCRIPTION

Residents will have exposure to evaluating and treating patients via VTC. They will gain knowledge in the diagnosis and treatment of MH conditions as well as the ways clinic encounters are modified for a telehealth setting. They will be supervised by an attending psychiatrist.

CURRICULUM STRUCTURE

Discuss with Staff

SUPERVISOR

 Dr. Kim Benavente
 krugerk@uthscsa.edu





UT Undergraduate Medical Student Education

Funding Institution: UT
 Location: UTHSA
 PGY Level: PGY2 or higher
 Recommended Schedule: Block, Longitudinal

DESCRIPTION

Residents will share their knowledge of psychiatry and medicine with eager medical students looking to learn more about psychiatry. Flexible opportunities, discuss in advance with Dr. Benavente to optimize rotation schedule. Will include teaching MSE, differential diagnosis, psychopharmacology, and basics of supportive therapy/motivational interviewing.

CURRICULUM STRUCTURE

Discuss with Staff

SUPERVISOR

Dr. Kim Benavente
 krugerk@uthscsa.edu

SAMMC Defense and Veterans Brain Injury Center (DVBIC)

Funding Institution: SAMMC
 Location: SAMMC
 PGY Level: PGY2 or higher
 Recommended Schedule: Longitudinal

DESCRIPTION

This research elective is with the DVBIC which is an entity connected with SAMMC Neurology and focuses on research with TBI and PTSD. Previous residents have worked with Dr. Jan Kennedy, a neuropsychologist, but residents are welcome to identify their own mentor for their research interests.

CURRICULUM STRUCTURE

Discuss with Staff

SUPERVISOR

Dr. Jan Kennedy
 jan.e.kennedy2.ctr@mail.mil

SAMMC Military Emergency Psychiatry Triage

Funding Institution: SAMMC
 Location: SAMMC
 PGY Level: PGY2 or higher
 Recommended Schedule: Block, Longitudinal

DESCRIPTION

Residents will have exposure to triaging and evaluating patients in the SAMMC ER. They will gain knowledge of medical decision making regarding safety evaluations, admission/disposition decisions, and diagnosis/treatment of MH conditions. They will be supervised by a staff psychiatrist.

CURRICULUM STRUCTURE

Clinical Care: 4 days/wk

SUPERVISOR

Dr. Alessio Luinetti
 alessio.luinetti.mil@mail.mil
 210-916-2096

SAMMC Research

Funding Institution: SAMMC
 Location: SAMMC
 PGY Level: PGY2 or higher
 Recommended Schedule: Block, Longitudinal

DESCRIPTION

Residents will work on an individual or group research project to be developed in coordination with staff supervisor. If interested in research, please speak with Dr. Schillerstrom to get personalized recommendations on appropriate staff supervisors, and specifically for research at SAMMC or any military clinic, be sure to discuss with Dr. Maust.

CURRICULUM STRUCTURE

Self-Study: 4 days/wk

SUPERVISOR

Variable, Staff of Choice. Check in with Dr. Maust to coordinate.
 jon.r.maust2.mil@mail.mil

SAMMC Residential Substance Abuse Treatment

Funding Institution: SAMMC
 Location: SAMMC
 PGY Level: PGY2 or higher
 Recommended Schedule: Block

DESCRIPTION



Residents will have exposure to working with patients admitted to a residential substance abuse treatment program. They will gain knowledge in both pharmacologic and non-pharmacologic treatment strategies. They will work with a supervising psychiatrist for both intakes and follow ups, and will also work with interdisciplinary staff to gain exposure to group treatment settings.

CURRICULUM STRUCTURE

Clinical Care: 4 days/wk



SUPERVISOR

 Dr. Rosalyn Womack
 rosalyn.l.womack.civ@mail.mil
 214-412-8998

SAMMC Sleep Medicine

Funding Institution: SAMMC
Location: WHASC
PGY Level: PGY2
Recommended Schedule: Block




DESCRIPTION

This is a 1 month good rotation for PGY2s. Key learning objectives include understanding the indications for polysomnography, appropriate use of sleep medications, diagnosis and management of obstructive sleep apnea, and basics of CBTI. Overall, a very solid yet chill rotation. Schedule: M-F 9:00am to 4:00pm (excluding _ day therapy clinic time and Tuesday afternoon didactics). **Staff may change over the years because...it's the military. If unable to get a hold of currently listed staff, contact the clinic directly and inquire which neurologists work there**

CURRICULUM STRUCTURE

Clinical Care: 4 days/wk

SUPERVISOR

 Dr. Matthew Brock
 matthew.s.brock.mil@mail.mil
 ~

SAMMC Squadron Officer School

Funding Institution: SAMMC
Location: WHASC
PGY Level: PGY2 or higher
Recommended Schedule: Longitudinal



DESCRIPTION


Open to active duty Air Force residents only, this is dedicated time to work on on-line PME (professional military education). The first few classes are focused on logic and writing to improve interpersonal and professional communication skills. After that, the courses focus on understanding of military policy and strategies, as well as development of leadership qualities, which will assist in ability to take on increasing responsibilities within MH clinics throughout career.

CURRICULUM STRUCTURE

Self-Study: 1/2 day/wk

SUPERVISOR

 Dr. Jon Maust
 jon.r.maust2.mil@mail.mil

 210-292-7361

SAMMC Transcranial Magnetic Stimulation

Funding Institution: SAMMC
Location: Multi-D
PGY Level: PGY2 or higher
Recommended Schedule: Block




DESCRIPTION

Residents will have exposure to performing TMS. The resident physicians will become knowledgeable in how to perform the initial mapping and use of the TMS system for treatment of depression. Residents will provide treatment to patients under the supervision of an attending physician.

CURRICULUM STRUCTURE

Discuss with Staff

SUPERVISOR

 Dr. Argelio Lopez-Roca
 argelio.l.lopez-roca.mil@mail.mil
 210-539-9589

SAMMC Transition to Practice

Funding Institution: SAMMC
Location: WHASC
PGY Level: PGY4
Recommended Schedule: Block




DESCRIPTION

For active duty military residents or visiting civilian residents who will be starting on active duty following graduation. Residents will have exposure to the expectations placed on them by their gaining bases and learn to successfully read and interpret AFIs, DoDIs, and the MSD. Additionally they will be exposed to the various other aspects of military mental health clinic which they will be expected to have mastery of at their new assignment, including but not limited to ADAPT, FAP, and CHP. They will ensure they have access to the KX and are familiar with its use.

CURRICULUM STRUCTURE

Self-Study: 4 days/wk

SUPERVISOR

 Dr. Jon Maust
 jon.r.maust2.mil@mail.mil
 210-292-7361

ANY SITE Special Topics in Psychotherapy

Funding Institution: ANY SITE
Location: ANY SITE
PGY Level: PGY2 or higher



Recommended Schedule: Block, Longitudinal


DESCRIPTION

Residents will design a self-study program for CBT or other psychotherapeutic modality in collaboration with their Staff of choice (MD/DO or PhD/PsyD) and will meet with supervisor once per week to discuss case-examples and go over any questions about the material.

CURRICULUM STRUCTURE

Self-Study: 4 days/wk

SUPERVISOR

 Variable, Staff of Choice

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