

The internship year begins on July 1, 2024 and ends June 30, 2025. Applications are due by December 1, 2023. Virtual interviews will be held in January 2024.

### APPLICANT REQUIREMENTS

- Dissertation proposal completed by the start of Internship
- Prior relevant clinical experiences
- Able to pass federal background check
- Reliable personal transportation

### INTERVIEW PROCESS

Some applicants will be invited to attend virtual interviews scheduled in January. As part of the virtual interviews, applicants will meet individually with current interns, faculty, and the training directors. Each track will also hold virtual open houses (in a group format) to provide applicants the opportunity to meet informally with faculty to ask questions about the program, sites, and training opportunities. Additionally, for individuals interviewing for the IPCBH Track who are bilingual in Spanish, faculty interviews will be conducted in Spanish. However, it is important to note that the ability to speak Spanish is not a requirement for any position within our internship.

### BENEFITS

- Stipend: \$30,500
- Health Insurance
- Dental Insurance
- Sick Leave
- 3 Personal Leave Days
- 16 Vacation Days

### WEBSITE:

<https://lsom.uthscsa.edu/psychiatry/education/internship/>

This internship site agrees to abide by the APPIC Policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant.

Questions related to the program's accredited status should be directed to the Commission on Accreditation (CoA):

Office of Program Consultation & Accreditation  
American Psychological Association  
750 1<sup>st</sup> Street, NE, Washington, DC 20002  
Phone: (202) 336-5979

[apaaccred@apa.org](mailto:apaaccred@apa.org)

**CINDY MCGEARY, PHD, ABPP**  
Internship Training Director  
[mcgearyc@uthscsa.edu](mailto:mcgearyc@uthscsa.edu)

**TABATHA BLOUNT, PHD**  
Associate Training Director  
[blountt@uthscsa.edu](mailto:blountt@uthscsa.edu)

**SANDY COLLAZO**  
Academic Programs Coordinator  
[collazos@uthscsa.edu](mailto:collazos@uthscsa.edu)

### EEO/Affirmative Action Employer:

The mission of the Academic, Faculty and Student Ombudsperson & ADA Compliance Office is to insure that every member of the UT Health San Antonio community, individuals seeking employment or an education, and individuals who wish to participate in a benefit from programs and activities offered by UT Health San Antonio are afforded equal opportunity and freedom from all forms of discrimination that may violate their civil rights and other protections afforded them by the State of Texas, UT Health San Antonio. The University of Texas Health Science Center San Antonio is an equal employment opportunity/affirmative action employer including protected veterans and persons with disabilities. The Health Science Center Americans with Disabilities Coordinator should be contacted with any questions. <https://ww2.uthscsa.edu/eo/>



## Clinical Psychology Internship Training Program



## An APA-Accredited Internship Program

# UT HEALTH SAN ANTONIO CLINICAL PSYCHOLOGY INTERNSHIP PROGRAM

## ABOUT THE TRAINING PROGRAM

The University of Texas Health at San Antonio Psychology Internship Training Program is an APA-Accredited Internship that supports a scientist-practitioner model. Our program provides generalist training involving a full array of patients (children, adolescents, adults) seen in diverse treatment settings (inpatient, outpatient, and community organizations) receiving a full spectrum of psychological evaluations (interview and test based) and interventions (individual, family, and group). Our interns receive intensive supervision from experienced faculty members and are exposed to multiple theoretical orientations, including behavioral, cognitive-behavioral, family systems, and psychodynamic.

During the course of the internship year, interns participate in their major site rotation(s) as well as several year-long clinical activities, including providing individual therapy through our Advance Clinic and co-leading group therapy. Psychology interns attend weekly seminars and didactic trainings designed to enhance their understanding of the scientist-practitioner model, evidence-based practice, integrative assessment, ethics, diversity, and supervision.

### Program Aims

- I. Breadth of Training
- II. Intensive Supervision
- III. Practice and Science of Applied Psychology
- IV. Practice Ethically and with Sensitivity to Individual and Cultural Differences

The internship offers **four separate tracks: Integrated Primary Care Behavioral Health; Cognitive-Behavioral; Child, Adolescent and Family; and Forensic.** While all interns will participate in the year long activities, the major clinical rotations are determined by track. Applicants may apply to more than one track.

### Integrated Primary Care Behavioral HealthTrack:

**Department of Family and Community Medicine:** Interns will be trained in implementing the Primary Care Behavioral Health (PCBH) consultation model within the Department of Family and Community Medicine. Interns will have the opportunity to screen, assess, identify, and treat behavioral health concerns within the context of the healthcare team. Interns will also learn how to consult with primary care providers, supporting them around chronic disease management and health behavior change. Interns will also participate in the education and training of family medicine residents.

**Center for Health Care Services (CHCS):** Interns will be trained in implementing the Primary Care Behavioral Health (PCBH) model in an Integrated Primary Care clinic within a psychiatric outpatient center. Interns will have the opportunity to work with a community mental health population addressing health related behavior change in an interdisciplinary team-based approach to care. Interns will be working closely with primary care and psychiatric teams, learning about high-comorbidity and complex cases that require a large range of skill from working with transitional age youth to geriatric patients. PCBH consultation in this bidirectional setting aims to provide comprehensive care for patients whose medical and physical needs often go unmet.

### Cognitive-Behavioral Track:

**San Antonio State Hospital (SASH):** The SASH mission is to provide quality psychiatric services to individuals admitted into their facility. Interns rotating through SASH provide both assessment and clinical intervention services to patients within an inpatient setting.

**STRONG STAR:** Interns rotate with STRONG STAR, multidisciplinary PTSD research consortium ([www.strongstar.org](http://www.strongstar.org)) and receive training in evidence-based assessments and treatments for trauma-related disorders. There are also potential training opportunities in pain management, suicide, and insomnia.

**Student Counseling Center (SCC):** An interdisciplinary clinic designed to provide treatment, assessment, and consultation services to students attending the School of Medicine, Allied Health, and Biomedical Sciences. Interns at the SCC provide individual and group psychotherapy, assessment to students, and consultation services to faculty. Opportunities for outreach are also available.

**Transitional Care Clinic:** Interns work within a multidisciplinary treatment team performing individual and group therapy, intake assessments, triage, and participate in program development to provide treatment to individuals with behavioral health problems, including high risk patients. Psychological services are provided within an integrative theoretical model, with emphases in: motivational interviewing, brief solution-focused therapy, cognitive behavioral therapy, dialectical behavior therapy and relationship-based therapy. Interns have the choice to participate in the clinic's DBT program, substance misuse program, and/or to be trained and supervised in the delivery of Cognitive Processing Therapy (CPT) for PTSD.

### Child, Adolescent and Family Track:

**Clarity Child Guidance Center:** Clarity is a not-for-profit treatment center that provides outpatient services, acute care, on-campus 24-hour treatment, and on-campus day treatment for children and adolescents with mental health concerns. Interns participate in psychological testing, individual, group, and family therapy. Interns will see patients on both the outpatient and inpatient units.

### Forensic Track:

**Kerrville State Hospital (KSH):** Interns at KSH work with patients who are not competent to stand trial or who have been judged Not Guilty by Reason of Insanity contending with severe and persistent mental health issues. They participate in forensic evaluations and collaborate with a multidisciplinary staff to provide patients with mental health treatments designed to help restore competency.