The internship year begins on July 1, 2026 and ends June 30, 2027. Applications are due by November 30th, 2025. Virtual interviews will be held in January 2026.

APPLICANT REQUIREMENTS

- Dissertation proposal completed by the start of Internship
- Prior relevant clinical experiences
- Able to pass federal background check
- Reliable personal transportation

Applications due Sunday, November 30, 2025, 11:59 pm ET.

INTERVIEW PROCESS

Some applicants will be invited to attend virtual interviews scheduled in January. As part of the virtual interviews, applicants will meet individually with current interns, faculty, and the training directors. Each track will also hold virtual open houses (in a group format) to provide applicants the opportunity to meet informally with faculty to ask questions about the program, sites, and training opportunities. Additionally, for individuals interviewing for the IPCBH Track who are bilingual in Spanish, faculty interviews will be conducted in Spanish. However, it is important to note that the ability to speak Spanish is not a requirement for any position within our internship.

BENEFITS

- Stipend: \$32,500
- Health Insurance
- Dental Insurance
- Sick Leave

https://lsom.uthscsa.edu/psychiatry/education/internship/

This internship site agrees to abide by the APPIC Policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant.

Questions related to the program's accredited status should be directed to the Commission on Accreditation (CoA):

Office of Program Consultation & Accreditation American Psychological Association 750 1st Street, NE, Washington, DC 20002 Phone: (202) 336-5979

apaaccred@apa.org

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EEO/Affirmative Action Employer:

The mission of the Academic, Faculty and Student Ombudsperson & ADA Compliance Office is to insure that every member of the UT San Antonio community, individuals seeking employment or an education, and individuals who wish to participate in a benefit from programs and activities offered by UT San Antonio are afforded equal opportunity and freedom from all forms of discrimination that may violate their civil rights and other protections afforded them by the State of Texas, UT San Antonio.



Clinical Psychology Internship Training Program



An APA-Accredited Internship Program

UT San Antonio Clinical Psychology Internship Program

ABOUT THE TRAINING PROGRAM

The University of Texas at San Antonio Psychology Internship Training Program is an APA-Accredited Internship that supports a scientist-practitioner model. Our program provides generalist training involving a full array of patients (children, adolescents, adults) seen in diverse treatment settings (inpatient, outpatient, and community organizations) receiving a full spectrum of psychological evaluations (interview and test based) and interventions (individual, family, and group). Our interns receive intensive supervision from experienced faculty members and are exposed to multiple theoretical orientations, including behavioral, cognitive-behavioral, and family systems.

During the course of the internship year, interns participate in their major site rotation(s) as well as several year-long clinical activities, including providing individual therapy through our Advance Clinic and participating in one of our yearlong electives (e.g., Dialectical Behavior Therapy skills group; Parent-Child Interaction Therapy; Pain Management Research). Psychology interns attend weekly seminars and didactic trainings designed to enhance their understanding of the scientist-practitioner model, evidence-based practice, integrative assessment, ethics, diversity, and supervision.

Program Aims

- I. Breadth of Training
- II. Intensive Supervision
- III. Practice and Science of Applied Psychology
- IV. Practice Ethically and with Sensitivity to Individual and Cultural Differences

The internship offers three separate tracks: Cognitive-Behavioral; Forensic; and Integrated Primary Care Behavioral Health. While all interns will participate in the year long activities, the major clinical rotations are determined by track. Applicants may apply to one or more tracks.

Cognitive-Behavioral Track:

San Antonio State Hospital (SASH): The SASH mission is to provide quality psychiatric services to individuals admitted into their facility. Interns rotating through SASH will primarily work on the Forensic Unit. Interns rotating through SASH provide both assessment and clinical intervention services to patients within an inpatient setting.

STRONG STAR: Interns rotate with STRONG STAR, multidisciplinary PTSD research consortium (www.strongstar.org) and receive training in evidence -based assessments and treatments for trauma-related disorders. There are also potential training opportunities in pain management, suicide, and insomnia.

Student Counseling Center (SCC): An interdisciplinary clinic designed to provide treatment, assessment, and consultation services to students attending the School of Medicine, Allied Health, and Biomedical Sciences. Interns at the SCC provide individual and group psychotherapy, assessment to students, and consultation services to faculty. Opportunities for outreach are also available.

Transitional Care Clinic: Interns work within a multidisciplinary treatment team performing individual and group therapy, intake assessments, triage, and participate in program development to provide treatment to individuals with behavioral health problems, including high risk patients. Psychological services are provided within an integrative theoretical model, with emphases in: motivational interviewing, brief solution-focused therapy, cognitive behavioral therapy, dialectical behavior therapy and relationship-based therapy. Interns have the choice to participate in the clinic's DBT program, substance misuse program, and/or to be trained and supervised in the delivery of Cognitive Processing Therapy (CPT) for PTSD.

New Opportunities for Wellness (NOW) Clinic: clinic is an outpatient academic program that offers wrap-around care to community members including psychological, psychiatric, and case

management-related resources. The intern will participate as a member of the DBT team. The intern will work as part of an interdisciplinary team, provide individual therapy, facilitate group therapy as a primary or co-facilitator, and/or provide tiered supervision to counseling students.

Forensic Track:

Kerrville State Hospital (KSH): Interns at KSH work with patients who are not competent to stand trial or who have been judged Not Guilty by Reason of Insanity contending with severe and persistent mental health issues. Interns participate in clinical and forensic evaluations, a sequence of bimonthly forensic seminars, bimonthly case law reviews, provide individual and group therapy, and collaborate with a multidisciplinary staff to help patients either attain competency or be safely returned to the community. Interns will be asked to work with patients in both maximum security and in the less restrictive facility. Interns on the Forensic Track will also be expected to participate in several training opportunities throughout the year including a mock trial experience at Baylor University Law School and a Crisis Negotiation seminar at Texas State University in conjunction with law enforcement officers.

Integrated Primary Care Behavioral Health Track:

Department of Family and Community
Medicine: Interns will be trained in implementing
the Primary Care Behavioral Health (PCBH)
consultation model within the Department of
Family and Community Medicine. Interns will
have the opportunity to screen, assess, identify,
and treat behavioral health concerns within the
context of the healthcare team. Interns will also
learn how to consult with primary care providers,
supporting them around chronic disease
management and health behavior change. Interns
will also participate in the education and training
of family medicine residents. Interns have the
opportunity to be supervised in Spanish