



UT San Antonio™ Long School of Medicine

An APA-Accredited Clinical Psychology Internship Training Program

ABOUT THE PROGRAM

The University of Texas Health at San Antonio Clinical Psychology Internship Training Program is an APA-Accredited Internship that supports a scientist-practitioner model. Our program provides generalist training involving a full array of patients (children, adolescents, adults) seen in diverse treatment settings (inpatient, outpatient, and community organizations) receiving a full spectrum of psychological evaluations (interview and test based) and interventions (individual, family, and group). Our interns receive developmentally appropriate supervision from experienced faculty members and are exposed to multiple theoretical orientations, including behavioral, cognitive-behavioral, third-wave cognitive behavioral, solution-focused, etc. The internship year begins on July 1, 2027, and ends June 30, 2028.

During the internship year, interns participate in track-specific training at their major site rotation(s) and also participate in two year-long clinical activities: 1) providing individual therapy through our Advance Clinic within the Department of Psychiatry and Behavioral Sciences and 2) participating in one of our yearlong electives (e.g., Dialectical Behavior Therapy skills group, Parent-Child Interaction Therapy, Pain Management Research, or Reflective Training). Psychology interns attend weekly general and track-specific seminars.

Program Aims: 1) Breadth of Training; 2) Developmentally Appropriate Supervision; 3) Practice and Science of Applied Psychology; and 4) Practice Ethically and with Sensitivity to Individual and Cultural Differences

The internship offers **four separate tracks: Cognitive-Behavioral; Forensic; Integrated Primary Care Behavioral Health, and Serious Mental Illness.** Applicants may apply to one or more tracks.

Cognitive-Behavioral Track:

New Opportunities for Wellness (NOW): Interns will work in both the NOW and NOW-Youth clinics. They will work as part of an interdisciplinary team, provide individual therapy, facilitate group therapy as a primary or co-facilitator, and provide reflective training. They will also participate as a member of the DBT team. There may be opportunities to engage in scholarly work to be discussed based upon interest.

STRONG STAR: Interns rotate with STRONG STAR, a PTSD research consortium (www.strongstar.org) and receive training in evidence-based assessments and treatments for trauma-related disorders. There are also potential training opportunities in pain management, suicide, and insomnia.

Student Counseling Center (SCC): An interdisciplinary clinic designed to provide treatment, assessment, and consultation services to students attending the School of Medicine, Allied Health, and Biomedical Sciences. Interns at the SCC provide individual, couple, and group psychotherapy, assessment to students, and consultation services to faculty. Opportunities for outreach are also available.

Transitional Care Clinic: This clinic provides outpatient psychological, psychiatric, and social work services to adults and adolescents with the full spectrum of behavioral health problems who have recently discharged from inpatient treatment. Interns work within a multidisciplinary treatment team, providing primarily individual and group therapy, as well as intake assessments. Interns lead therapy skills training sessions for clinic staff and learners. Psychological services are provided within an integrative theoretical model with emphases in: motivational interviewing, cognitive behavioral therapy and dialectical behavior therapy. Interns have the choice to participate in the clinic's DBT program, psychotherapy research program and/or to be trained and supervised in Cognitive Processing Therapy for PTSD.

Forensic Track:

Kerrville State Hospital (KSH): Interns at KSH work with patients who are not competent to stand trial or who have been judged Not Guilty by Reason of Insanity contending with severe and persistent mental health issues. They participate

in clinical and forensic evaluations, a sequence of bimonthly forensic seminars, bimonthly case law reviews, provide individual and group therapy, and collaborate with multidisciplinary staff to help patients either attain competency or be safely returned to the community. They will work with patients in both maximum security and in the less restrictive facility. They will be expected to participate in several training opportunities throughout the year including a mock trial experience at Baylor University Law School and a Crisis Negotiation seminar at Texas State University.

Integrated Primary Care Behavioral Health Track:

Department of Family and Community Medicine: Interns will be trained in implementing the Primary Care Behavioral Health (PCBH) consultation model within the Department of Family and Community Medicine. They will screen, assess, identify, and treat behavioral health concerns within the context of the healthcare team. Interns learn how to consult with primary care providers, supporting them around chronic disease management and health behavior change. Interns will also participate in the education and training of family medicine residents. Interns can be supervised in Spanish

Serious Mental Illness Track:

San Antonio State Hospital (SASH): SASH is a 302-bed, inpatient hospital that serves an area of 56 counties in South and South Central Texas. Patients at SASH may receive services at SASH voluntarily, by civil commitment, or on a forensic commitment as either incompetent to stand trial, or not guilty by reason of insanity. The training includes the participation and gradually increased responsibility of the intern under careful, direct clinical supervision, and experience with both acute and forensic patients.

APPLICANT REQUIREMENTS

- Completed dissertation proposal by start of Internship
- At least 300 intervention hours
- Prior relevant clinical experiences
- Able to pass federal background check
- Reliable personal transportation

Applications are due Sunday, November 15, 2026, 11:59 pm ET. Virtual interviews will be held in January 2027.

INTERVIEW PROCESS

Some applicants will be invited to attend virtual interviews scheduled in January. As part of the virtual interviews, applicants will meet individually with current interns, faculty, and the training directors. Each track will also hold virtual open houses (in a group format) to provide applicants with the opportunity to meet informally with faculty to ask questions about the program, sites, and training opportunities. Additionally, for individuals interviewing for the IPCBH Track who are bilingual in Spanish, faculty interviews will be conducted in Spanish. However, it is important to note that the ability to speak Spanish is not a requirement for any position within our internship.

This internship site agrees to abide by the APPIC Policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant. Questions related to the program's accredited status should be directed to the Commission on Accreditation (CoA): Office of Program Consultation & Accreditation, American Psychological Association, 750 1st Street, NE, Washington, DC 20002, Phone: (202) 336-5979, apaaccred@apa.org. E-mail: apaaccred@apa.org; www.apa.org/ed/accreditation

LEADERSHIP

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UT Health San Antonio is an equal employment opportunity employer. All qualified applicants will receive equal consideration for employment in accordance with applicable federal laws, state statutes, and University policies.